




Arlene's May 2026 K-8 Breakfast Menu

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| <p><i>Carbs listed for each item in blue font</i></p> | | | | <p>1 Strawberry Pull Apart Bagel (2wg) 42 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p> |
| <p>4 Banana/Choc Oatmeal Round (2wg) 39 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p> | <p>5 Blueberry Muffin Top (1wg) 30 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p> | <p>6 Cinnamon Bun (2wg) 34 Apple (1/2c) 25 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p> | <p>7 Banana Bread (2wg) 43 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p> | <p>8 Super Breakfast Ring (1g) 27 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p> |
| <p>11 Nutri-Grain Bar (1wg) 30 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p> | <p>12 Strawberry Pop Tart (1wg) 38 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p> | <p>13 Cinnamon Bun (2wg) 34 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p> | <p>14 Blueberry Muffin (2wg) 36 Apple (1/2c) 25 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p> | <p>15 Cinnamon Pull Apart Bagel (2wg) 42 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p> |
| <p>18 Apple/Cinnamon Oatmeal Round (2wg) 39 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p> | <p>19 Chocolate Muffin Top (1wg) 30 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p> | <p>20 Cinnamon Bun (2wg) 34 Apple (1/2c) 25 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p> | <p>21 Chocolate Bread (2wg) 43 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p> | <p>22  Super Breakfast Ring (1g) 27 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p> |



MENU SUBJECT TO CHANGE
 MENU CONTAINS MILK, EGG, WHEAT AND SOY PRODUCTS; ALLERGEN INFO INCLUDED ON BACK OF DAILY DELIVERY SLIP
 NO PORK, PEANUTS OR FISH PRODUCTS SERVED AT ANY TIME
 USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, AND LENDER